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Waiting on a Leader

I find it amazing how we spend so much time waiting for someone to come along and tell us what to do. The funny thing is that often when they do show up, we disagree with them or get angry because they are telling us what to do. One of the most interesting things I have found out while facilitating is that if you want to shut a seminar down, all you have to do is put an action step in the process. Most people want to think and talk about change, find the magic secret and everything will change.

This year I have decided to develop more seminars that promote action toward a desired result. Earlier this year, 90 people attended The Plan. It was designed to help people get clear about what they want. Once again, the whole idea isn't to deliver new and exciting information. While exciting is exciting, it doesn't change your life. Action is what will change your life.

And action without direction is activity! You may be active, you may be busy, you may work hard, but are you happy doing all those things?

What would happen if you decided to be in the top 10% with everything you do?

Imagine what would happen if you decided to be in the top 10% in your relationships? Imagine being at the top of your career and finances? What would change in your family? The only way

**When you master
turning your
imagination into
reality, you
become the
master of your life.**

you will ever know the answer is by doing the things you imagine, turn your imagination into reality.

When you master turning your imagination into reality, you become the master of your life. When you become the master of your life, you will become the leader you have been waiting for and join the top 10% who realize their dreams. On May 16, join me in Blueprint and explore how to better realize what you desire. The seminar starts the moment you enroll. Decide what you want to



*Mike Menahan
executive director*

achieve and the exercises will fit your need. The success of your life is and has always been determined by you.

I look forward to seeing you at Blueprint on May 16.

Vision

Life Success Seminars will be nationally recognized as the champion for personal excellence.

Mission

Our mission is to provide educational opportunities and resources to assist individuals in discovering their path to personal success in life.



We have a unique approach and teach people how to develop better relationships, enjoy higher confidence, and lead happier, more successful lives.

Life Success Seminars provides opportunities for development of more responsible, reliable, and healthier leadership by offering the very best seminars to assist individuals and businesses.

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"Blueprint" for Success

By Mike Monahan, Facilitator

Back in my high school days, I took a few mechanical drawing courses, and for some reason I really liked the amount of detail involved in the process. I learned that it was important to be exact when drawing something to scale, because how I drew it would be how it was built—exactly to my specifications.

After a tour in the Army, I spent twenty-one years in the construction business working with blueprints. A blueprint, for anyone who doesn't know, is a series of detailed drawings used to construct a building internally and externally. The whole construction process, from start to finish, is done according to the blueprint.

What most people don't realize, is that your life works much the same. You have an internal blueprint and your life results are a reflection of your blueprint. Imagine a life that is picture perfect? That is what I am suggesting.

The Blueprint Workshop will give you an opportunity to identify the elements of your blueprint and see how your current actions reflect your blueprint. Although it is not necessary to understand why you do certain things in order to change, it always helps to have a clear picture. *You can't revise what you don't know!* In this one-day seminar, you will walk away with a clearer picture of what is driving your behavior and what to do differently. The Blueprint Work-

shop will be held **May 16, 9:00 a.m. to 4:00 p.m.**, and it is open to the public. The cost of the seminar is \$250. Bring a friend and you both receive a \$50 discount, which includes course materials and lunch. Seating is limited, so to reserve a seat for you and your friends, contact Michelle or Melissa at 513.874.0555.

Blueprint
May 16, 2009

9:00 - 4:00

Cost: \$250
(includes lunch)

Bring a friend and you each receive a \$50 discount!

LSS in the News

Life Success Seminars was recently featured in the Cincinnati *Business Courier* and the Dayton *Business Journal*.

Thanks go to Dan Rolfes, Cheryl Koopman, and Mike Mathile, our grads who were interviewed for the article. They had such great things to say about their experience in Basic and what they have done with the tools in their lives. Mike Monahan also noted other grads in the article who have made a difference including: Shannon Carter, Joe Torre, and Susan Branscome.

The two articles have already made an impact in the business community. Many of our grads are using them as a resource to discuss with employers the benefits businesses receive by employees attending the various Life Success seminars. We have had several people sign up for the Basic Seminar from both the Cincinnati and Dayton areas. We are excited for Life Success and hope that the articles will help our grads promote Life Success.

If you haven't had the opportunity to read the articles, there is a link on the home

page of the Life Success Seminars website, lifesuccessseminars.com.

There is also a link in the weekly E-news, so you can forward the E-news and link to your friends and family.

Both articles were written by Andrea Tortora, and Tom Demeropolis contributed to the Dayton article.

Giving Wood

How are you building your circle of influence, whether personal or business? Networking events? Church functions? Sports? Reunions? All of the above? Whatever it is for you, you know that giving yourself away first attracts the results you want later. Giving wood to the fire is what gets the heat.

For Life Success, Fostering Individual Greatness includes giving wood to graduates on a continuous basis. One of the ways we do that is through communication. In addition to the printed newsletter, we started a weekly e-news to bring you inspiration and information via the internet.

We build support for Life Success (and the West Ches-

ter Conference Center) as a business by giving some of our wood (mostly time and energy) to support the busi-

Support them with a weekly shot of inspiration that says, "I care about you."

ness community around the region. Sometimes we meet people who know we exist but don't know who we are, or have heard something about us and developed misconceptions about what we do. It is interesting, and fun, to talk with people and let them know that we are committed to the community in which we do

business, as well as to Fostering Individual Greatness.

Here is a way to give wood to your circle of influence. Give the LSS E-news to everyone on your e-mail distribution list. Support them with a weekly shot of inspiration that says, "I care about you." If you click on the "forward e-mail" link on the upper right or lower left of the e-news, you can send it to five people at a time with a personal message. If anyone decides he or she does not want to receive it, one click can unsubscribe it, so there is no risk. Regard-



*Jim Sweeney,
VP of business affairs*

less of what is decided, you will know you did your part in championing your friends to their greatness.

Breakfast Networking At Its Best

Join us for our next networking breakfast! The West Chester Conference Center, in cooperation with the Cincinnati *Business Courier*, features a breakfast, speaker, and time for networking, once a month on Tuesday mornings from 7:30 a.m. – 9:00 a.m.

As always, there is a full buffet breakfast with plenty of hot coffee. If you pre-register the cost is \$15 or \$18 at the door. To register, e-mail Michelle at Michelle@WCConfCtr.com or call her at 513.874.0555.

Breakfast Dates & Speakers

- **May 19**
Susan Branscome
 - **June 16**
Stacy Silverstein
 - **July 21**
Maggie Hecker
-



WEST CHESTER
CONFERENCE CENTER

BUSINESS COURIER
SERVING THE GREATER CINCINNATI AREA

Do You Receive the Weekly E-news?

If not, go to www.LifeSuccessSeminars.com and sign up for the email newsletter.

Stay current with all the upcoming dates and news of what is happening here at Life Success!

Intro to Basic

Do you want to introduce a friend, family member or co-worker to Life Success and the Basic Seminar? Now is your chance. Our next **INTRO** is on **Tuesday, May 5, 2009, at 7:00 p.m.** Guests will experience a one-hour snapshot of the Basic Seminar. **Be a Champion!** Register for the complimentary Intro at www.lifesuccessseminars.com, or call the office.

The Intro's are offered quarterly and the next one is scheduled for July 22.

Pre-register your guests and they are entered into a drawing for a \$270 gift certificate for the Basic Seminar that will be drawn the night of Intro.

Some Things I Forgot

I ran into one of my neighbors a few weeks ago and asked how he was doing. As so often happens these days he immediately started in on the economy and how hard his business had become. I've become so used to this that without thinking I jumped in with him and started agreeing. During the few moments we had, I shared with him the trials that had come my way and sympathized with his.

It was only after I walked away that I thought about what was happening. I was having that same conversation several times a day. What I noticed was that through repetition and being surrounded by people full of doubt that I was starting to fit in. I also had begun to feel the same way. In the beginning I had been listening to those

who were frustrated and I wished them success in their struggles. Over time I had

"Right now, the risk is huge for many and I have forgotten something important."

joined them in their struggle.

When I was younger and making my reputation, I loved those times when everyone was full of doubt and things were chaotic. That was when I felt I was in my element. I remember seeing the Chinese symbol for risk. Their word for risk included the symbols for danger and opportunity. When

a situation was risky others would start to doubt themselves and focus on the danger, but I would always look for the opportunity.

I began to realize that we measure risk against our abilities. If I think I am strong and capable, then normal times with normal risk don't scare me— they excite me because I think I'm bigger than the problem. When the risk increases a little, I get more excited because I take pride in solving issues that others can't.

Right now, the risk is huge for many and I have forgotten something important. I have been influenced by those around me to focus on the danger. I've forgotten who I am and what I am capable of doing. I forgot to look for the



*Steve Sherwood
facilitator*

opportunity. I know this year someone somewhere will have the best year of his or her life. That person is most likely the one who remembers who he or she is and what's best about himself or herself and stays focused on the opportunity. It might as well be me.

Congratulations to the Graduates of Next Step!

Janet Chahrour
Ed Cuccio
Deb Hunt
Peter Jackson
Tracy Keating
Gail Lundgren
Debbie Marks
Veronica Sanford
Susan Smyth
Jim Wehmeyer

On Friday night of Next Step, past graduates gathered at Grailville for a surprise birthday party for the Yoda Master himself, Steve Sherwood!

Happy Birthday Steve!



And thank you to Marilyn Richter for all of her support to make the week such a great experience!

Thinking of Renewing Basic?

A Message from John Carsman

I'm not certain there is a perfect time to renew Basic, but my recent Basic experience was indeed timely. Given the current economic conditions I know my scenario isn't unique; a job search.

It can be easy to fall into a funk when looking for employment, or for that matter, whenever things don't appear to be on the course you "planned." And yet the important thing to avoid is losing belief in oneself.

Smart me; I knew all this before renewing Basic. "I refuse to be defined by the economy." "I will not be relegated to becoming a statistic." "I am (insert list of positive attributes.)" All this is well and good, but "knowing and not

being" is the same as not knowing.

And this is where a return trip to Basic had its impact upon me. I had to kick start what I knew in my head and get it rolling downstream to my heart. For me, it was the perfect time to renew Basic. I've been able to embrace all the things I know to be true about myself.

Maybe it's your own job search, or a relationship needing mending, or (insert list). Whatever your reason, I strongly suggest that NOW is your perfect time to get back to Basic. Kick start your own journey from your head to your heart and fully embrace your own true nature.



*John's Basic group from March:
Vicki Painter (group leader), Susan Healy, Sharon Herring,
Angie Sanders, and Marti Toms*



How Are Your Leadership Skills?

Life Success Seminars is offering a free Leadership Training to all grads. The three-hour course is taught by Mike Monahan and Kathy Marx.

Leadership Training has been established to provide grads with additional skills and learning experience. These skills can be applied to everyday life as well as for those who wish to group lead the Basic Seminar. Life Success is

committed to providing students with everything they need to be the best leaders they can be.

The next leadership training is scheduled for **May 6** from 6:00 p.m. - 9:00 p.m. If you were unable to make the training last quarter, we hope that you will put this date on your calendar and join us in being the "best of the best."

Any graduate who goes through the free training in

2009 and group leads in 2009 will receive \$50 off the \$100 Basic group leading fee. Seating is limited to 50 grads (the last session was filled to capacity!), so call the office today at 513.874.0555 or register online at lifesuccessseminars.com. Or you can stop by and register in person. Hugs are free.

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- Bettie Kohl
- Glenna Kraus
- Gail Lundgren
- Stephanie Marshall
- Caryn Miller
- Kelly Rice
- Barry Williams
- Karla Wilson
- Champions
- Kathy Ainslie
- Michelle
- Aufdenkampe (3!!)
- Bob Bauer
- Lori Bertke
- Ardis Bischoff
- Susan Branscome
- Gina Brumley
- Chris Clawson (4!!!)
- Jack Coors
- Kelli Dinnison
- Kathy Engelhardt (2!)
- Bill Gupton
- Tim Hecker
- Missy Helmes
- Melissa Henry
- Deb Hunt (2!)
- Peter Jackson
- Mary Jacob
- Kemp Jaycox
- Glenna Kraus
- Andy Lewis
- Debbie Lupariello (2!)
- Peg Mathile
- Caryn Miller
- Patty Miller
- Karen Miltenberger
- Tony Miltenberger
- Mike Moloney
- Jodie Ponchot
- Fran Rickey (2!)
- Jim Rickey
- Dan Rose
- Robin Rose
- Ron Rosselot
- Linda Vetter
- Jan Waddell
- Nancy Ward
- Steve West

Facilitator

Therese Quinn

Coordinators

Michelle Aufdenkampe
 Melissa Heald
 Mike Heald
 Julie Hogan
 Nancy Monahan

Group Leaders

Lori Bertke
 Emily Gabbard
 Susan Jacobs
 Kathleen Marteney
 Amber McDonald
 Scott Nicholson
 Vicki Painter
 Jim Sweeney

Volunteers

Willie Eger
 Toni Fader
 Alan Haid
 Sam Hartsock
 Peg Kaufman
 Dot Kemper

BASIC

Facilitators

Kathy Marx
 Mike Monahan

Coordinators

Kathy Ainslie
 Michelle Aufdenkampe
 Melissa Heald
 Mike Heald
 Julie Hogan
 Madonna Kohnen
 Nancy Monahan

Group Leaders

Tom Butt
 Mark Casella
 Gabe Hogue
 Marcia McClure
 Mark Nelson
 Steve Schardt
 Alicia Spencer
 Ann Weber

Volunteers

Gina Brumley
 Julie Brumley
 Bill Cottell

Denise Gaines
 Sam Hartsock
 Bettie Kohl
 Cheri Maier
 Debbie Marks
 Stephanie Marshall
 Michael Neff
 Linda Ruberg
 Lisa Ruberg
 Brian Van Norman
 Roger Van Norman
 Bill Vetter

Karla Wilson
 Rita Wilson
Champions
 Bill Adams
 Michelle Aufdenkampe
 Nancy Baxter
 Traci Camacho
 Ty Camacho
 Chris Clawson
 Barb Cunningham
 Kathy Engelhardt
 Cari Fisher
 Dan Fisher
 Michael Freeman



**A
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Larry Gray
 Maggie Hecker
 Rich Heidrich
 Brian Hickey
 Stephanie Honnert
 Deb Hunt
 Gary Hunt
 David Knowles
 Bettie Kohl
 Odie Kordons
 Gini Love
 Cheri Maier
 Tim Mathile
 Diana McLouth

Susan McNamara
 Kim Myers
 Brenda Newberry
 Nancy Reagan
 Angie Schroeder
 Amber Sea
 Marcus Sea
 Susan Smyth
 Andy Stanford
 Jerry Stenger
 Tom Trebes
 Sallie Troutman
 Susan Warm
 Dennis Weiss

March IPI

Facilitators

Ty Camacho
Steve Sherwood

Greeters

Michael Freeman
Kristen Gruber
Kelly Hyland
Kara Kelly
Erika Lee
Tamie Reckers
Mo Salchli

Group Leaders

Emily Gabbard
Seth Howard
Amber McDonald
Michael Moloney

Grads

John Apanites
Susan Casella
Rachel Foltz
Meg Gravil
Kara Gruber
Cheryl Hays
Laura Lander
Debbie Lupariello
Cheri Maier
Paul Mullen
Michael Neff
Denise Sullivan
Snow Wilfong



Upcoming IPI Dates

May 27-31

July 15-19



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Address Change?

Please contact the office if you move or no longer wish to receive the newsletter.

www.LifeSuccessSeminars.com

Coming Up

Intro
May 5
July 22



Leadership
May 6



New Workshop!!!
Blueprint
May 16

- May 5 Intro: An Introduction to Basic, 7:00 p.m.
- May 6 Leadership Training, 6:00 - 9:00 p.m.
- May 16 *New Workshop: Blueprint*, 9:00a.m. - 4:00 p.m.
- May 19 Networking Breakfast, 7:30 a.m.
- May 27-31 IPI (Celebration Sunday 4:30 p.m.)
- June 4-7 Basic (Celebration Sunday 5:00 p.m.)
- July 9-12 Basic (Celebration Sunday 5:00 p.m.)
- July 15-19 IPI (Celebration Sunday 4:30 p.m.)
- July 21 Networking Breakfast, 7:30 a.m.
- July 22 Intro: An Introduction to Basic, 7:00 p.m.
- August 6-9 Basic (Celebration Sunday 5:00 p.m.)
- August 18 Networking Breakfast, 7:30 a.m.
- September 10-13 Basic (Celebration Sunday 5:00 p.m.)

